

MIRA - Motor imagey ability assessments in four disciplines: a systematic review

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Short summary: Although motor imagery (MI) originated in the field of sports psychology, increasingly it is applied in the field of rehabilitation. Over the last two centuries, researchers have developed several assessments to evaluate MI's abstract construct. However, no systematic reviews exist for MI ability evaluation methods and their measurement properties. The systematic review will evaluate available MI ability assessments and their psychometric properties in four relevant disciplines: sports, psychology, medicine, and education.